creating a friction fit between said channel and said temple to prevent said side shield from moving relative to said temple.

21. (Amended) The method of claim 20, wherein said step of creating a friction fit between said channel and said temple comprises the step of causing relative movement between said channel and said temple.

22. (Twice Amended) The method of claim 20, wherein said temple has a recess formed therein and said step of creating a friction fit between said channel and said temple comprises the step of inserting a pin into both an opening formed in said side shield and said recess.

23. A method of attaching a side shield to a temple of an eyeglass frame, said method comprising the steps of:

(a) placing said temple in a channel forming part of said side shield; and thereafter

(b) inserting a pin into an opening formed in said side shield such that a friction fit is obtained between said temple and said channel.

24. The method of claim 23, wherein said temple extends along a longitudinal direction, said slot extending in a direction perpendicular to said longitudinal direction, said pin preventing said side shield from moving in said longitudinal direction.

25. The method of claim 24, wherein said member is formed of synthetic material and said member is coupled to said temple.

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26. The method of claim 24, wherein said member is formed of metal and is soldered to said temple.

27. A kit for attaching a safety shield to a temple of a pair of eyeglasses, said temple having a recess formed therein, said kit comprising: a side shield having a channel into which said temple may be inserted, said channel defined by first and second spaced apart walls and a third wall formed on said side shield, said first and second walls having at least one leg portion depending therefrom, said at least one leg portion adapted to force said temple against said third wall of said channel and to create a friction fit between said side shield and

said temple when said temple is disposed in said channel.

28. A kit for attaching a safety shield to a temple of a pair of eyeglasses, said temple having a slot formed therein, said kit comprising:

(a) a side shield having a longitudinally extending channel into which a longitudinally extending eyeglass temple may be inserted, said channel having an open lateral end through which said temple may be inserted and a supporting lateral wall against which said temple may be supported, said side shield further having an opening extending transverse to both said longitudinally extending channel and said supporting lateral wall; and

(b) a pin adapted to be inserted into both said opening and said slot so as to force said temple against said supporting wall of said channel and to create a force fit between said side shield and said

temple when said temple is located in said channel.

29. The kit of claim 28, wherein said member is formed of synthetic material and said member is coupled to said temple.

30. The kit of claim 28, wherein said pin and said channel are formed of a deformable plastic material.

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31. The kit of claim 28, wherein said pin has an insertion section adapted to be inserted into both said opening and said slot, an end of said insertion section being beveled to assist in the insertion of the insertion section into said opening and said slot.

32. The kit of claim 31, wherein the insertion section further has a detent formed thereon to create a snap fit between said insertion section and said side shield as said insertion section is inserted into said opening when said temple is located in said channel.

33. The kit of claim 28, wherein said pin is formed with a detent which enables said pin to be snap fit onto said side shields.

34. The kit of claim 28, wherein said pin is U-shaped.

35. The kit of claim 34, wherein said U-shaped pin has first and second legs adapted to straddle said temple.

36. The kit of claim 35, wherein a first one of said legs is beveled to assist the insertion of that leg into said opening and said slot.

37. The kit of claim 36, wherein a detent is formed on one of said legs.

38. The kit of claim 37, wherein said detent is formed on said first one of said legs.

39. The kit of claim 38, wherein said pin includes a pair of legs depending from a cross bar and wherein a detent is formed in one of said legs at a location adjacent said cross bar.

40. The kit of claim 28, wherein said slot is of a width approximately equal to the width of an insertion section of said pin.